

### MELBOURNE CUP WEEKEND PRE-SEASON HIT OUT

For the first time ever DVBA will be hosting preseason games across the Melbourne Cup weekend.

The games are mandatory for DV players and will be played against Eltham, Hume, Keilor and Altona across **Friday 3<sup>rd</sup> November, Saturday 4<sup>th</sup> November and Sunday 5<sup>th</sup> November.**

The cost is covered in registrations, so it will be no extra cost for DV families.

Each team will get at least 4 games across the weekend being played at the following venues:

- Diamond Valley Sports and Fitness Centre
- Montmorency Secondary College
- Keilor Basketball and Netball Stadium
- Broadmeadows Basketball Stadium

### PLAYERS OPEN DAY

To kick off the season DVBA will host a Players Open Day on Sunday 22<sup>nd</sup> October. The schedule for the day is below which includes a mandatory parent meeting with our DOC Matt Shanahan. The day is compulsory for players to attend. **Please note the times below it is mandatory for parents to attend.**

Age Group	Times	Mins	Session	Session
12s	8:30am-9:00am	30	Warm up and Activation Station	Warm up and Activation Station
12s	9:00am-9:30am	30	Age Group workshops (On court)	
<b>12 and 14s</b>	9:30am-9:45am	15	Player Diary and Expectations	<b>Mental Wellbeing Information Parents</b>
12 and 14s	9:45am-10:00am	15	<b>Parents Meeting with DOC</b>	Mental Wellbeing Information Players and Coaches
14s	10:00am-10:30am	30	Warm up and Activation Station	Warm up and Activation Station
14s	10:30am-11:00am	30	Age Group workshops (On court)	
<b>16s</b>	11:00am-11:30am	30	Warm up and Activation Station	Warm up and Activation Station
16s	11:30am-12:00pm	30	Age Group workshops (On court)	
<b>16 and 18s</b>	12:00pm-12:15pm	15	Player Diary and Expectations	<b>Mental Wellbeing Information Parents</b>
16 and 18s	12:15pm-12:30pm	15	<b>Parents Meeting with DOC</b>	Mental Wellbeing Information Players and Coaches
18s	12:30pm-1:00pm	30	Warm up and Activation Station	Warm up and Activation Station
18s	1:00pm-1:30pm	30	Age Group workshops (On court)	